

WHERE TO SHOP AND WHAT TO BUY.

SOME FIRST-CLASS FIRMS.

THE HOSPITALS AND GENERAL CONTRACTS CO., LTD., 25-35, Mortimer Street, London, W.—This firm is noted for its large stock of surgical and nursing requisites, and owing to the central position of its establishment, it is easy to pay it a personal visit. The rubber hot water bottles supplied should specially be noted.

MESSRS. E. & R. GARROULD, 150-162, Edgware Road, London, W.—This establishment is a special favourite with Matrons and nurses, owing to the fact that in the shortest space of time they can see surgical appliances and supplies, nursing uniforms and requisites, in the spacious Nurses' Saloon.

THE MEDICAL SUPPLY ASSOCIATION, 167-173, Gray's Inn Road, London, W.C.—The Association has now branches in Edinburgh, Glasgow, Dublin, Sheffield, Cardiff, and Belfast—remarkable testimony to its progress—and supplies every sort of hospital requirement. Macdonald's "Gold Medal" Steam Steriliser, one of its specialities, is deservedly popular and extensively used.

MESSRS. CHARLES ZIMMERMANN & Co., LTD., 9 and 10, St. Mary-at-Hill, London, E.C.—Lysol has long been a favourite disinfectant with nurses and midwives, its popularity being based on the excellent results attained in hospital, private, and district use.

THE BOVININE COMPANY, of which Messrs. W. Edwards & Son, 157, Queen Victoria Street, London, E.C., are the agents in this country, has placed upon the market in Bovinine a valuable fluid food and restorative which is bound to be appreciated and should be extensively used in Hospitals in which the sick and wounded are received at home and abroad.

SCOTT & BOWNE, LTD., 10, and 11, Stonecutter Street, London, E.C.—We are realizing more and more that, in regard to health, prevention is better than cure, and for this reason many medical practitioners direct delicate patients, susceptible to changing temperatures, to take Scott's Emulsion, which provides the highest form of cod liver oil treatment, throughout the winter.

GOSPO, LTD., 33, Waterloo Road, London, S.E.—In Gospo we have a most effective and valuable antiseptic cleanser for floors—rubber and mosaic—marble, baths, &c., and the testimony of those who have used it is that they would not be without it.

BROADBENT'S COLLEGE, BURNLEY.

We have pleasure in drawing attention to the advantages offered by the Broadbent College, 69, Woodgrove Road, Burnley, Lancs., for tuition in English and other subjects, such as the art of speaking and writing fluently and well. Many nurses, in common with other women, who are conversant with a subject lack the art of expressing themselves readily and fluently. Those who would like to know more of the instruction offered by the College should write for the booklet, "How Must I Express Myself?" from which they can learn of the scope of the tuition course.

BOOK OF THE WEEK.

"THE MUTINY OF THE *ELSINORE*."*

This tale of the sea, written with all the force and blood-curdling description for which its author is renowned, adds one more to Mr. London's long list of successes. It is written in the first person by the sole passenger of the *Elsinore*, who for a whim of a man of means, had decided to make this voyage in a sailing vessel.

A somewhat arrogant, ease-loving person we deem him to be; at least when he set forth upon his memorable voyage.

He at first set his affections on the captain's state-room, and instructed the owners to offer up to a thousand dollars to secure it. But at that period he was not acquainted with that inscrutable person. He did not get the state-room. Captain West had brought his daughter along with him.

"I was too angry to return to the cabin. I had expressly stipulated to the agents that no captain's wife was to come along. But I had never thought about the captain's daughter."

Quickly appreciating his moodiness and its cause, she orders him not to be silly. "I've sailed with passengers before, and I've learned to put up with more than ever they proved they were able to put up with."

Margaret West proving a most desirable young woman he soon learned to master his discontent.

But the crew! It takes Mr. London pages and chapters to give an adequate description of the unfortunate, villainous, cosmopolitan collection of gaol birds and scum that came aboard to navigate the *Elsinore*. Mr. Pike, the mate, who had been for many years chief officer of the vessel, was of opinion that there were no longer any ordinary seamen. "We don't carry 'em. Every clodhopper and cow-walloper in these days is an able seaman. There ain't no more sailors. They all died years ago."

His method of getting the maximum amount of efficiency out of them was to shower lurid abuse continually upon them.

Mr. Pathurst, the passenger, taking tea with Miss West, draws the contrast between themselves and the miserable brutal crew.

"We in our comfortable deck chairs, our two servants at our back, the quintessence of elegant leisure sipped tea from beautiful fragile cups, and looked on at those wretched ones whose labours made possible the journey of our little world. Miss West, with the appraising eye of a plantation mistress for her field slaves, looked them over."

Small wonder that these men, largely composed of the criminal class, mutinied.

After the death of the inscrutable captain from heart disease, and the mysterious disappearance of the first and second mate, which is never cleared up, Mr. Pathurst and Miss West take command

* By Jack London. Mills & Boon, Ltd., London.

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